

Your Senior Session Guide

I am so excited to work with you to create your senior portraits. My goal is for you to enjoy the process of your Senior Photo Session and love your final images. I like to laugh and chat while I work, so we'll get to know each other a little bit. I like to record moments and personality, but don't worry about any of it because I will guide you through each and every step - at your pace, capturing who you are, and having fun. Ultimately, I want to surprise you by capturing an honest, beautiful piece of you on camera and helping you see how amazing you are.

Here are a few tips, tricks, and things to keep in mind.

- Take care of yourself for the 24 hours before your session. Get rest, drink plenty of water, and eat healthy foods so you're feeling your best.
- It's a great idea to have 2-3 outfits that you can change into throughout the session. Take the time to seriously think through each aspect of your wardrobe. Don't forget shoes, socks, jewelry, hats, ties, all the things. Try the outfits on at home to make sure you feel comfortable and confident in your choices. Really thin stripes, or patterns smaller than a dime can do weird things in photos, so it is best to avoid them.
- Come with nice, clean teeth and make sure you have some chapstick or lipgloss in your bag. Guys, this is a good idea for you too – dried, cracked lips don't look good on anyone. Chapstick is your friend.
- Make sure your fingernails are clean and trimmed. Ladies, if you decide to use polish it's a good idea to error on the side of neutral. However, if you love color on your nails, own it and have fun. But make sure it works with your wardrobe choices.
- It is so fun to showcase YOU during this shoot. If you love books, sports, art, an instrument, your car or truck, anything – let's figure out a way make a beautiful image of you with those things. Props add personality. This session is all about celebrating who you are. So let's do it!
- Ladies, you may want to consider having your hair and make-up professionally done. Or you may want to handle that yourself. That is completely up to you. Regardless of who does it, make sure you feel confident and beautiful and that you look like yourself when you look in the mirror. One little tip: false eyelashes, even small ones, really make your eyes pop. But make sure you try them out before your photo session.
- If you have ideas or want to try something out, speak up and let me know. These are your senior pictures and I love to collaborate.

Take a deep breath. That was a lot of information. Recognize that almost everyone gets a little nervous before a photo shoot. It's totally okay. Within 15 minutes or so we will both be relaxed and having a great time together, making some amazing art that celebrates YOU. If you have any questions, concerns, or ideas, reach out to me via text, email, or phone so we can chat about them.

-MyLiege